

**MANNAM AYURVEDA CO-OPERATIVE MEDICAL COLLEGE, PANDALAM**  
**TIME TABLE For 1 Year (Junior) BAMS (2025 Batch) 2025-2026**

Days	9-10am	10-11am	11-12am	12-1pm	1-2 pm	2-4pm	
<b>MON</b>	<b>RS (NL)</b> Dr. Indu.R(Professor) Dr. Sajitha.S.Babu (Assistant Professor)	<b>SA 1 (L)</b> Dr. Dhanya Krishnan (Associate Professor)	<b>SN &amp;AI (NL)</b> Mrs. Aiswarya.A.P (Lecturer)	<b>KS (L)</b> Dr. Amrutha.B.L (Associate Professor)	<b>Lunch Break</b>	<b>RS (NL-P)</b> Dr. Indu.R (Professor) Dr. Sajitha.S.Babu (Assistant Professor)	
<b>TUE</b>	<b>SA1 (L)</b> Dr. Adarsh K R (Assistant Professor)	<b>RS (L)</b> Dr. Indu.R (Professor)	<b>SN &amp;AI (NL)</b> Mrs. Aiswarya.A.P (Lecturer)	<b>PV (NL)</b> Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh.K.R (Assistant Professor) Dr. Revathy K M (Assistant Professor)		<b>KS (NL-P)</b> Dr. Amrutha.B.L (Associate Professor) Dr. Sonia Mathew (Assistant Professor) Dr. Jyothi S Pillai (Lecturer)	
<b>WED</b>	<b>SN &amp;AI (L)</b> Mrs. Aiswarya.A.P (Lecturer)	<b>PV (L)</b> Dr. Revathy K M (Assistant Professor)	<b>RS (NL)</b> Dr. Indu.R (Professor) Dr. Sajitha.S.Babu (Assistant Professor)	<b>SA 1 (NL)</b> Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh.K.R (Assistant Professor) Dr. Revathy K M (Assistant Professor)		<b>KS (NL-P)</b> Dr. Amrutha.B.L (Associate Professor) Dr. Sonia Mathew (Assistant Professor) Dr. Jyothi S Pillai (Lecturer)	
<b>THU</b>	<b>KS (NL)</b> Dr. Amrutha.B.L (Associate Professor) Dr. Sonia Mathew (Assistant Professor)	<b>RS (L)</b> Dr. Sajitha S Babu (Assistant Professor)	<b>SN &amp;AI (L)</b> Mrs. Aiswarya.A.P (Lecturer)	<b>PV (L)</b> Dr. Adarsh.K.R (Assistant Professor)		<b>RS (NL-P)</b> Dr. Indu.R (Professor) Dr. Sajitha.S.Babu (Assistant Professor)	
<b>FRI</b>	<b>KS (L)</b> Dr. Amrutha.B.L (Associate Professor)	<b>SN &amp;AI (NL)</b> Mrs. Aiswarya.A.P (Lecturer)	<b>SA1 (NL)</b> (Parayanam) Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh.K.R (Assistant Professor) Dr. Revathy K M (Assistant Professor)	<b>PV (NL)</b> Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh.K.R (Assistant Professor) Dr. Revathy K M (Assistant Professor)		<b>2-3 SA1(NL)</b> Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh.K.R (Assistant Professor) Dr. Revathy K M (Assistant Professor)	<b>3-4 Sam Ad (NL)</b> Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh.K.R (Assistant Professor) Dr. Revathy K M (Assistant Professor)
<b>SAT</b>	<b>SA1 (NL)</b> Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh.K.R (Assistant Professor) Dr. Revathy K M (Assistant Professor)	<b>KS (L)</b> Dr. Sonia Mathew (Assistant Professor)	<b>SN &amp;AI (NL)</b> Mrs. Aiswarya.A.P (Lecturer)	<b>RS (L)</b> Dr. Indu R (Professor)		<b>2-3</b> PE	<b>3-4</b> Library

SA 1-SAMHITHA ADHYAYAN -1

SN &AI- SAMSKRITAM EVAM AYURVED ITHIHAS

PV- PADARTHA VIJANAM

KS- KRIYA SHARIRA

RS- RACHANA SHARIRA

w.e.f - 26.02.2026



  
**PRINCIPAL**

Principal  
 Mannam Ayurveda  
 Co-operative Medical College  
 Pandalam, Pathanamthitta-689 501