

Mannam Ayurveda Co-Operative Medical College Pandalam
Time Table for Ist Year (Senior) BAMS Degree (2024 Batch) 2025-2026


Days	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	
MON	SA 1 (L) Dr. Adarsh K R (Assistant Professor)	SN & AI (NL) Mrs. Aiswarya P (Lecturer)	RS (L) Dr. Sajitha S Babu (Assistant Professor)	PV (L) Dr. Dhanya Krishnan (Associate Professor)	LUNCH BREAK	KS (NL-P) Dr. Amrutha B L (Associate Professor) Dr. Sonia Mathew (Assistant Professor) Dr. Jyothy S Pillai (Lecturer)	
TUE	KS (NL) Dr. Amrutha B.L (Associate professor) Dr. Sonia Mathew (Assistant Professor)	SA1 (NL) Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh K R (Assistant Professor)	SA 1 (NL) PARAYANAM Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh K R (Assistant Professor)	SN & AI (NL) Mrs. Aiswarya P (Lecturer)		RS (NL-P) Dr. Indu R (Professor) Dr. Sajitha S Babu (Assistant Professor)	
WED	SA1 (NL) Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh K R (Assistant Professor)	KS (L) Dr. Amrutha B L (Associate Professor)	PV (NL) Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh K R (Assistant Professor)	SN & AI (L) Mrs. Aiswarya P (Lecturer)		RS (NL-P) Dr. Indu R (Professor) Dr. Sajitha S Babu (Assistant Professor)	
THU	PV (NL) Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh K R (Assistant Professor)	RS (L) Dr. Indu R (Professor)	SA1 (L) Dr. Dhanya Krishnan (Associate Professor)	SN & AI (NL) Mrs. Aiswarya P (Lecturer)		KS (NL-P) Dr. Amrutha B L (Associate Professor) Dr. Sonia Mathew (Assistant Professor) Dr. Jyothy S Pillai (Lecturer)	
FRI	RS (NL) Dr. Indu R (Professor) Dr. Sajitha S Babu (Assistant Professor)	KS (L) Dr. Sonia Mathew (Assistant Professor)	SN & AI (L) Mrs. Aiswarya P (Lecturer)	RS (L) Dr. Indu R (Professor)		2 PM-3PM PV (L) Dr. Adarsh K R (Assistant Professor)	3PM-4PM SA1 (NL) Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh K R (Assistant Professor)
SAT	SN & AI (NL) Mrs. Aiswarya P (Lecturer)	RS (NL) Dr. Indu R (Professor) Dr. Sajitha S Babu (Assistant Professor)	KS (L) Dr. Amrutha B L (Associate Professor)	SA1 (NL) Dr. Dhanya Krishnan (Associate Professor) Dr. Adarsh K R (Assistant Professor)		2 PM-3PM LIBRARY	3PM-4PM PE

SA 1-SAMHITHA ADHYAYAN -1 SN & AI- SAMSKRITAM EVAM AYURVED ITHIHAS

PV- PADARTHA VIJANAM KS- KRIYA SHARIRA RS- RACHANA SHARIRA

W.E.F 08.12.2025




PRINCIPAL
Principal
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Pandalam, Pathanamthitta-689 601