

MONSOON SEASON TREATMENT PACKAGES

(Twelve weeks from 01/06/2025 to 23/08/2025)

7 days / 10 days / 14 days packages depending on room standards,
including treatment charges, cost of medicines and food charges.

SEVEN DAYS PACKAGE

Special room 44,500/-

Deluxe room 37,500/-

Semi Deluxe 31,000/-

Standard 25,500/-

TEN DAYS PACKAGE

Special room 58,000/-

Deluxe 49,000/-

Semi 40,000/-

Std. 32,000/-

14 DAYS PACKAGE

Special room 85,000/-

Deluxe. 72,000/-

Semi. 58,000/-

Std. 48,000/-

MANNAM AYURVEDA CO-OPERATIVE MEDICAL COLLEGE HOSPITAL, PANDALAM

MONSOON TREATMENT PLAN 2025

7 DAYS TREATMENT PLAN
1st Day – Dhanyamla Dhara / Udwarthanam
2nd & 3rd Day – Abhyangam + Ushma Swedam + Head and Face Massage
4th, 5th & 6th Day – Elakkizhi with Thaila / Thakra Dhara
7th Day – Abhyangam + Ushma Swedam + Virechanam

10 DAYS TREATMENT PLAN
1st & 2nd Day – Dhanyamla Dhara / Udwarthanam
3rd, 4th & 5th Day – Abhyangam + Ushma Swedam + Head and Face Massage
6th, 7th & 8th Day – Elakkizhi with Thaila / Thakra Dhara
9th Day – SSPS(NJAVARA KIZHI)
10th Day- Abhyangam + Ushma Swedam + Virechanam

14 DAYS TREATMENT PLAN
1st Day – Dhanyamla Dhara
2nd , 3rd , 4th Day – Udwarthanam
5th 6th & 7th Day – Abhyangam + Ushma Swedam + Head and Face Massage
8th , 9th & 10th Day – Elakkizhi with Thaila / Thakra Dhara
11th , 12th & 13th Day – SSPS(NJAVARA KIZHI)
14th Day- Abhyangam + Ushma Swedam + Virechanam